Designing a Infographic using Canva

# what is Infographic?

An infographic is a collection of imagery,data visualizations like pie charts and bar graphs, and minimal text that gives an easy to understand overview of a topic.An Infographic is a representation of information in a graphic format designed to make the data easily understandable at a glance.Infographics is a clipped compound of “Information” and “Graphics”.

# The Benefits of Infographics

1. Visual Attraction
2. Optimized Readability
3. Brand Credibility
4. Branding Strategy
5. Web Visitors
6. Improved SEO
7. Easy Tracking

# Introduction to project:Ways to Increase your Self Love

Self-Love is a state of appreciation for oneself that grows from actions that support our physical,psychological and spiritual growth.Self-Love means having a high regard for your own well-being and happiness.Self-Love means taking care of your own needs and not sacrificing your well-being to please others.

# Why is Self-Love important?

When we practice self-love,we accept ourselves for who we are and recognize our worth,which has a healthy impact on our self-esteem.Self-love also encourages us to take care of ourselves, both physically and emotionally,and help to protect us from outside influences that might diminish our self-worth.Self-love also helps us to lower stress and strive for success.It also protect as from negative thoughts,self-sabotage,and pushing ourselves too far.

# The PNG of project:

# Steps to designing a infographic using canva

* Open a canva.com on google
* Register a personal account in canva
* In search box search infographic
* Select a black template
* Choose a colour for templates
* Give a title on above in template
* Click elemant and search for photo frame
* Select a frame and put it on template as our wish
* Duplicate a frame and put it on necessary place
* Click a upload and upload the photos which is need to the project
* Select a photo and put it on frames
* Then again go to element and search the shape for text
* Select a suitable shapes and place it on opposite of photos
* Select a text and click a add a text box
* Use it for write the information about the project
* Fill up the shapes with text
* Again go to elements and search for some graphic about self-love
* Place it on both sides of title
* Click elements and search for border
* Choose the borter and place it on the corner of the template
* choose the colour and change the colour of the border
* Click the download symbol and download the template as both PNG and PDF
* The infographic will be saved in gallery in your device.